

7 THINGS YOU CAN DO TO PREPARE

- 1. Learn Emergency Procedures** – e.g. Drop, Cover, and Hold On for earthquakes. Emergency procedures can be found at: www.emergencypreparedness.caltech.edu
- 2. Learn Emergency Procedures for your work location and/or residence.** Know:
 - the location of your exits and assembly area
 - Location of the fire extinguishers
 - Who you should check in with so we know you're safe
- 3. Put together a personal emergency kit** or you can buy one from numerous places such as www.sosproducts.com or Amazon. If you buy one, make sure you personalize it with any items you might need e.g. prescription medicine, glasses, or contact solution.
- 4. Build a Family Communications Plan.** Identify how you will communicate with your family. Identify an out-of-state contact in case our area code is overwhelmed. A text message may be the most likely way to get in touch
- 5. Keep your personal contact information up to date in Access.Caltech.** You can add partners, family, etc. to the “add another phone” option
- 6. Download the Everbridge App.** You'll get Caltech alerts and you can send texts or pictures to Campus Security. Download instructions are on the emergency preparedness website or grab a handout
- 7. Take a FREE class.** We offer First Aid, CPR, Fire Extinguisher, Personal Preparedness, Community Emergency Responder Team (CERT) Training – *all for free*

